



## Contact

**Merri Health**  
Registered Office:

**Wurundjeri Woi Wurrung**  
11 Glenlyon Road Brunswick VIC 3056

## More information

Our website has the latest information about our services, our events calendar and news. Visit [merrihealth.org.au](https://merrihealth.org.au)

## Quick contacts

**All services**  
1300 637 744 (MERRI H)

**Carer Gateway**  
1800 422 737

**My Aged Care\***  
1800 200 422

**Feedback**  
03 9389 2234

**Brunswick Community Medical Centre**  
1300 056 300

We have many sites across Victoria. Visit [merrihealth.org.au](https://merrihealth.org.au) for site details and contact numbers.

\* My Aged Care is the first point of contact for aged care services.

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# MerriHealth

# Child and family Services



**Child and family**  
Part of your Merri Health network

By working in partnership, our services promote happy, healthy children and strong families.



## Children's health

### Audiology

Our audiology service provides hearing assessments and advice for infants and young people up to 18 years.

The following services provide assessment and therapy to help children's development before they start school:

### Occupational therapy

Helping children to use their hands and bodies for daily activities and to cope with sensory experiences.

### Child psychology

Helping to build children's social and emotional development and manage challenging behaviours.

### Speech pathology

Helping children to develop their talking and understanding.

### Little feet and limbs clinic

Help for children aged 0-8 years that are having foot or leg problems, affecting the way they walk. Children will receive support from a physiotherapist and podiatrist.

### Children's dental

Our dental service is free for all children up to the age of 12 years and for eligible children between 12-18 years. This service includes priority access/next available appointment and provides general oral health care and advice.



**Merri Health is an inclusive service provider. We are committed to providing safe and high quality services that respect the needs, wants and aspirations of all people.**









# Merri Health

Healthcare that moves with you

**Merri Health creates healthy, connected communities through local health services for people at every age and stage of life.**

We know that at different times, your health needs change. That's why we support you throughout life, with services spanning from children's health to aged care.

- ◀  Aged Care
- ◀  Carer Support
- ◀  Child and Family
- ◀  Chronic Conditions
- ◀  Dental
- ◀  Disability
- ◀  Health and Wellness
- ◀  Medical
- ◀  Mental Health
- ◀  Young Adults



An Australian Government Initiative

## Carer Gateway

Do you care for a family member or friend with disability, mental illness, health or age issues?

Does it impact your wellbeing, ability to work, study or socialise?

Contact Carer Gateway for free support groups, respite, counselling, tailored support packages, coaching, information and more.

Phone **1800 422 737** Monday to Friday or visit [www.carergateway.gov.au](http://www.carergateway.gov.au)

Merri Health leads the delivery of Carer Gateway in Victoria.

# Healthcare that moves with you



## Support for families

### Family Foundations

Family Foundations is a 10-week evidence-based intervention designed to strengthen parenting partnerships during pregnancy, the critical first year, and preschool years. The program aims to reduce partner conflict, open up communication and promote parent mental health. Your Family Foundations practitioners will work with you and your partner (or whoever you are co-parenting with) in your home or the program can be provided virtually.

### Integrated Family Services (IFS)

IFS is an in-home service providing support to families related to parenting, child development, family relationships, connections with local services, advocacy and case management. The Orange Door is the first point of contact for this service, please call **1800 737 732**.

### Children with Complex Disability Support Needs (CCDSN)

The CCDSN program aims to support, strengthen and stabilise a family who have a child/children with complex disability support needs. The practitioner will provide advocacy, access, referral and linkages, while supporting the mental and physical health needs and safety of all family members.

## Educational programs

### School Focused Youth Service

This service works in partnership with schools and community organisations to support students from grade 5 to year 12 who are attending school, but are vulnerable to, or showing signs of, disengagement and chronic absenteeism. Together, we help them stay connected to education.

### School Readiness

The School Readiness Allied Health Program is a program that provides early childhood centres with access to high quality allied health services. Our allied health professionals work with educators and families to build on existing skills and improve learning and development outcomes for children.

## Counselling

### Generalist counselling

We provide short to medium-term counselling and support services to help you through issues you are experiencing. This may include help with depression, anxiety, relationships, loss and grief and other concerns in life. Our service is confidential and respectful of your needs, circumstances and culture. We also run group sessions based on community needs.

This service is available in-person from our Brunswick, Coburg, Fawkner and Glenroy sites, as well as telehealth. We will provide interpreters as needed.

### Family violence counselling

This is a specialist counselling service for women, and if needed with their children, who are experiencing and/ or have experienced family violence. We provide a safe space to talk about the impacts of trauma and help to make recovery from those impacts.

This service is available both in-person and telehealth. We will provide interpreters as needed.

### Drop-in community service

Our drop-in service, known as DUTY, is a social work service. It is provided from 93 Bell Street Coburg, from 1pm to 3pm, Monday to Friday.

Our workers are professionally trained and it is a confidential service. As this is a drop-in service, an appointment is not needed; however a maximum of four people can be seen per day. We will provide telephone interpreters as needed.

## Health initiatives

### Healthy Schools Initiative

Merri Health develops collaborative partnerships with primary and secondary schools in Merri-bek to create a healthy, inclusive and safe school environment for students, staff and families.

This whole school approach aims to reduce experiences of discrimination, mental ill-health, and exclusion for young people.

We support schools by providing tailored classroom sessions and reviewing their policies, environment, curriculum, engagement strategies, student-led projects, school culture and referral pathways to ensure they promote wellbeing and prevent poor health.

## Costs

Our services are either free or require a small fee to provide ongoing support for you. To find out whether there is a fee for a service, visit our website [www.merrihealth.org.au](http://www.merrihealth.org.au) and search for 'fees' or call us on **1300 637 744**.