



**Merri Health**

Healthcare that moves with you

# Active Merri-bek

Corporate membership benefits

Active Merri-bek and Merri Health corporate membership offer.

What's on offer?

- > Discounted joining fee
- > Special corporate membership rate

Join at any of these Active Merri-bek facilities:

- Coburg Leisure Centre
- Brunswick Baths
- Coburg Olympic Swimming Pool
- Oak Park Sports and Aquatics Centre
- Pascoe Vale Outdoor Pool
- Fawkner Leisure Centre (re-opening late 2024)

*“Every day is another chance to get stronger, to eat better, to live healthier and to be the best version of you”*

1. Speak with an Active Merri-bek facility
2. Show your Merri identification card
3. Sign up for your corporate membership offer

See over the page for full details

# Your membership



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## Active Merri-bek facilities Premium Health and Wellness membership:

- ✓ \$62.25 joining fee - usually \$186.80
- ✓ Discounted fortnightly rate of \$40.90
- ✓ Free Health and Wellness Plan – an initial appointment with a trainer including a Tanita Body Scan (valued at over \$100)
- ✓ Free locker use

Included with this great offer are all the usual Active Merri-bek facility benefits including:

- ✓ Unlimited use of the gym, with program planning session and exercise demonstration with provision to reassess your plan every 4, 6 or 8 weeks
- ✓ Access to all timetabled group fitness classes – over 90 classes per week including the Les Mills range of freestyle, boxing, yoga and Pilates, cycle, and aquatic classes
- ✓ Unlimited use of the indoor pool, spa, steam and sauna
- ✓ 24/7 access to Oak Park Sports and Aquatic Centre and Brunswick Baths, upon activation
- ✓ Free monthly member breakfasts
- ✓ Free educational seminar

## The Coburg Leisure Centre also offers:

- ✓ Childcare Centre that welcomes children from six weeks to school age from 9.00am – 12.30pm Monday to Friday. Contact the Coburg leisure Centre for further information and prices.
- ✓ Coburg Leisure Centre Café – offering a wide variety of healthy snacks.

Coburg Leisure Centre, Bridges Reserve, Bell Street, Coburg VIC 3058

### The details:

Membership includes unlimited access to all Active Merri-bek facilities.

This offer is available for all Merri employees including those who are existing Active Merri-bek members.

For existing Active Merri-bek members simply show your Merri identification card to receive the benefits of this corporate membership offer.

### **This offer is available for Merri Health employees only.**

For any employee wanting to take up this fantastic offer, simply call one of the Active Merri-bek facilities to book an appointment and tour, show your Merri identification card and discuss the offer available.

[www.active.merri-bek.vic.gov.au/centres](http://www.active.merri-bek.vic.gov.au/centres)

For further information contact HR on:

[hr@merrihealth.org.au](mailto:hr@merrihealth.org.au)

*\*Please note that prices and offer are subject to change*